



November 2006

USDF Region 1 Adult Clinic with Jan Ebeling

By Dawn Weniger and Karen Bates

NCDCTA was well represented at the Region 1 USDF Adult Clinic by members, Dawn Weniger of Apex, NC and Karen Bates of Waxhaw, NC selected as two of the demonstration riders from a pool of Region 1 candidates who sent video applications to the USDF. They made the long drive to lovely Wyndham Oaks in Boyds, Maryland to ride on September 15-16, 2006 with the Dutch native Jan Ebeling currently living in California.

Before coming to the United States in 1984, Jan Ebeling worked as an apprentice under the late German master, Herbert Rehbein, and earned his Berreiter, a German license to train horses. As a US citizen, Jan has won several championships at the Bayer/USET Festival of Championships, and a team gold medal at the '03 Pan Am Games.

The USDF Adult Clinics are organized with one horse per level, start-

ing at training level and working up to FEI through the day. The seminar was designed for auditors, with a lecture each day and ample time for asking questions. All the riders agreed Jan was just plain "nice." He was open to rider

questions and laughter was common. The camaraderie amongst the riders was there from the start as they cheered each other on and exchanged email addresses after the clinic.

Jan **emphasized the building blocks of the training scale**, starting with rhythm and tempo, relaxation and suppleness to connection.

He continued to build as we went through the levels, the level of impulsion, straightness and ultimately collection visible in many exercises the FEI riders performed. In addition to this the highlights of Jan's instruction included an insistence on low hands, and a light, giving contact. The horses were also not allowed to hide behind the vertical.

Jan explained riding is a **three member team sport**: one rider, one horse, and one instructor. Jan commented on how lucky the Region 1 members were to have so many good instructors and encouraged everyone to take advantage. He

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Dawn Weniger, Jan Ebeling & Karen Bates

USDF Signs Jane Savoie for Adult Clinic

The United States Dressage Federation (USDF) is pleased to announce that Jane Savoie, who has been a member of the United States Equestrian Team and a popular clinician and author, is clinician for the nine adult clinics beginning in 2007. The clinic dates for 2007 are March 3-4 in

Region 9, March 24-25 in Region 4, April 14-15 in Region 8, and October 13-14 in Region 5. The theme for the clinics is "Believe You Can; Ride the Possibilities," focusing on Ms. Savoie's sports psychology first expounded in her bestselling book, "That Winning Feeling".

The clinics will feature a lecture each day as well as riding for USDF members interested in benefiting from Jane's wealth of knowledge and expertise.

The series of clinics is aimed primarily at adults riding Training through *(continued on page 4)*

I am so honored to have been selected as the Editor of the NCDCTA Newsletter. Kay has done such a wonderful job over the years and I am excited to continue in her footsteps.

To tell you a little bit about myself: My name is Wendy Cracovia and last December I moved down to Huntersville (from Long Island, NY) with my husband and our two children, Rose (12) & Connor (9). Of course my horse, Bailey, followed behind in our trailer. Bailey and I recently started eventing and it would be a dream to attend the Southern Pines Adult Camp. (I'm keeping my fingers crossed!) My daughter is a proud member of the Lake Norman Pony Club, of which I will be Joint DC of next year.

For those of you who have submitted photos or articles for previous newsletters, thank you and please keep them coming! Your submissions are the meat and potatoes, so to speak, of the NCDCTA Newsletter

What you submit doesn't have to be a comprehensive and amazing grammatically correct masterpiece; everything submitted gets edited and proofed on this end.

In addition, I have extensive ad layout experience and if you need help putting together an ad to run in the newsletter, I am more than willing to help. Just send me the copy and photo (if necessary) and I will work my magic.

Wendy Cracovia
NCDCTAnews@mac.com

The NEWS is an official publication of the North Carolina Dressage & Combined Training Association

All newsletter material must be typed and received by the 10th of the month for publication in the following month's newsletter.

Rates

Ads:

\$75 page \$50 half

Show prize lists, entry forms, and clinics:

\$50 page \$40 half

Classifieds:

\$15 per classified

Limit 5 lines

Approx. 50 characters per line.

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Rubin Speaks : Me and My Friend Chauncy

I feel compelled to speak once again on behalf of the equine world. Okay, maybe not all of it, but at least some semblance of it that had the wonderful opportunity to know one of my best buds, Sir Chauncy Efird. Chauncy was a gentleman's gentleman if you know what I mean. He was laid back, quiet, and sort of a "take it all in" kind of guy. He hung out right across from me at Hidden Spring Farm in Monroe, NC so we often had pow-wow sessions. We even used to hang some in the same pasture until I got all hot headed and too rough and hurt my buddy unintentionally. Wow, I sure regret that now. But he knew it was all in fun. I sure worried some about him being able to show that week after I accidentally bit him of course, wouldn't you know...right where the saddle goes! He always took everything in stride. Nothing seemed to bother him. Man, I wish I could be more like that. I spook at my own hoofprints!

Chauncy came to our farm with his wonderful owners Len and Aaron Efird and his rider and best friend Bonnie Efird. Ryan and I were really happy to have them aboard. We trailered well together too. Chauncy was a good bit taller than me, being 17.2 and I am a mere 16.2. No matter, it made it easier to talk over the partition in the trailer.

Yes, you may wonder why I refer to my bud in the past tense. It is sad, but true....Chauncy has departed this world. He has left us to move on to that equine paradise in the field. Losing Chauncy was one of the toughest times of my life and I would like to share it with you not just so that you can grieve too, but so that we can all learn something and some



Chauncy

good can come out of his passing.

I'm sure most of you have heard of foundering or laminitis. Some of you may not have even realized that it is



Rubin & Chauncy

one and the same. Well, sort of. I'm sure most of you have heard of Barbaro, the famous race horse. He

developed laminitis after his freak accident where he broke his leg in several places. He didn't founder though. So, you can have laminitis and not founder, but if you founder, you usually have laminitis. Chauncy did founder. I have heard that ugly word thrown around the barn many times, and had always hoped I would never have to truly come to know what it meant.

Foundering occurs when there is inflammation of the foot followed by a rotation or sinking of the coffin bone in the foot. This can cause us to stand with our hind feet under our bellies to help take the weight of our front feet. We usually stick our front feet out to take the pressure off and sometimes we even lie down and don't want to get up, knowing it will cause pain. Causes of founder are very poorly understood but it is thought that it may follow another disease process such as colic, abscesses, or after a traumatic injury. It can also occur with obesity or overeating, as in moldy clover or hay, large

doses of molasses and overfeeding with feeds rich in proteins to name a few.

Sometimes laminitis doesn't have to be the end. Look at Barbero. He is still going strong! Of course he has the top docs treating him. And treatment early is the key. If there is an abscess on our hooves, please, clean it thoroughly and remove any debris you may see. Call in a vet early if his opinion is needed. He may do x-rays at first so that he can track the healing process or see when the condition is worsening. He may perform an I&D of our foot if there is an abscess present. That's an incision and drainage for you non-medical people and horses like myself (had to seek the advice of medical per-

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USDF Partnership with USEF Yields Dividends for Members

The United States Dressage Federation (USDF) is pleased to announce the launch of an expanded online membership verification service in cooperation with the United States Equestrian Federation (USEF).

Both organizations have been working together for almost a year to provide members with the ability to go online, search for and print up-to-date membership information for the rider, horse and owner for both the USDF and the USEF to be used to submit competition paperwork.

Prior to having this online tool, a member would need to photocopy each of the appropriate membership cards for each show entry submitted.

"We began with just the ability to provide USDF information to our own members and that was a nice thing," stated Stephan Hienzsch, Executive Director. "But by teaming with the National Governing Body, the USEF, we've added horsepower to this tool."

Cindy Vimont, Senior Director of Member Services, adds, "Using the master verification tool saves competitors time and relieves the headache of remembering what cards are required to be submitted to enter. It also brings awareness to errors with memberships and horse registrations before the

competition, giving our staff time to work with members to correct problems before they get to the show grounds."

The new USEF/USDF joint verification tool can be accessed through either the USDF or USEF websites or directly by going to <http://www.eqverification.org/index.php?pageid=0> will allow a member to pull up consolidated rider, owner and horse membership information for both organizations in a few easy steps and print that information on one sheet of paper.

"The ability to access the information from anywhere, any time is a big plus," adds Hienzsch. That means, not only does this tool have value for competitors, but it can also be a useful tool for the Technical Delegate or show manager in many situations. We look forward to continuing to work with the USEF to build on this success, streamline the competitions paperwork process and provide value to our

members," Hienzsch concluded.

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, the recognition of achievement, and the promotion of the sport of dressage. For more information about USDF membership or programs, visit www.usdf.org, e-mail usdressage@usdf.org, or call (859) 971-2277.

"The ability to access the information from anywhere, any time is a big plus"

Jane Savoie cont'd

(continued from page 1)

Fourth Levels, however, FEI level riders are also welcome to attend.

"We are so excited to be working with Jane the next two years," stated Katherine Robertson, Senior Coordinator for the program. "Jane brings a wealth of knowledge on how to eliminate mental barriers in your riding and that is the type of thing that many of our adult amateurs struggle with every day.

Riders and horses participating in these clinics should have a history together in order to maximize the auditor educational experience, but a competitive history is not necessary.

"Jane has also graciously offered to supply auditors with a few handouts and help them maximize their learning experience," adds Kathie. Jane and the USDF really want everyone to benefit from her many years of experience at the highest levels."

In addition to her skills as a coach, competitor, instructor, and clinician,

Jane has penned many articles and books such as *That Winning Feeling*, *It's Not Just About the Ribbons*, and *Cross-Train Your Horse Books One and Two*. Jane served as coach to the Canadian Olympic three-day event team in both Atlanta and Athens in 1996 and 2000.



Jane Savoie

photo by Mary Phelps

In addition, she was the reserve rider for the bronze-medal winning Olympic team at the Barcelona Olympic Games. In a continued effort to pass on her knowledge, Jane has also put together a series of instructional video tapes entitled *The Half-Halt Demystified*, *Putting Your Horse on the Bit*, and *Riding in Your Mind's Eye*.

For more information on the USDF Adult Clinic Series featuring Jane Savoie, please visit the USDF web site at www.usdf.org/Programs or contact Kathie Robertson at 859-271-7877 or via email at adultclinics@usdf.org or krobertson@usdf.org.

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Jan Ebeling cont'd

(continued from page 1)

offered the sobering thought that dressage is very, very hard to learn, and most people riding one horse a day must be patient and realistic about the time needed to develop their balance and ability to give correct aids.

The theme for the seminars is **"A Good Ride Every Day."** Jan spoke eloquently about celebrating small accom-

plishments. Even with a Grand Prix horse, he said, your best work of the day may be a walk/trot transition.

Dawn's new imported 3-year-old gelding, Don Lawrence, was a star at training level, showing great attitude and balance causing Jan to

remark "this is not a normal three year old."

Karen's 6 year-old mare, La Luna, was the second/third level horse, and her expressive gaits and energy allowed her to show off start-

ing passage work, along with successful flying changes.

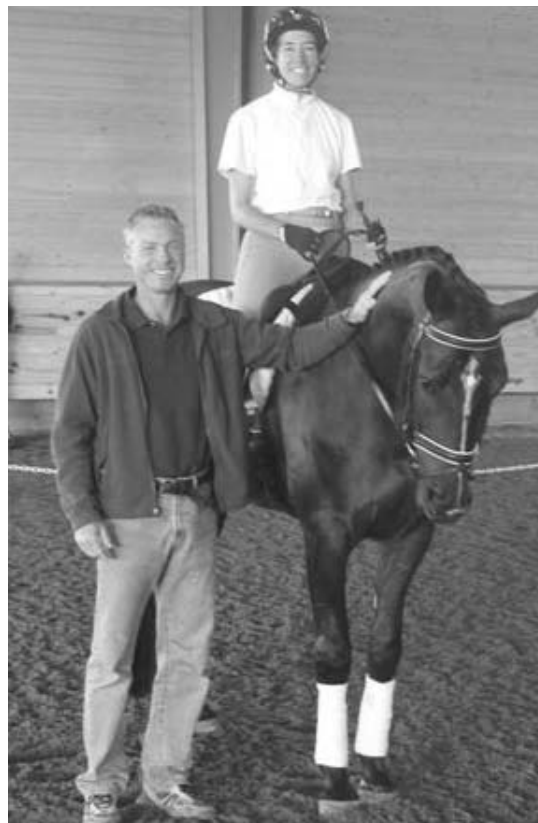
In conclusion we would like to thank USDF for this opportunity and we also wish to

extend our special thanks to Wyndham Oaks for opening their fantastic state-of-the-art facility to us.

Jan explained riding is a three member team sport:

*one rider,
one horse,
and one instructor.*

*Jan Ebeling & Dawn, riding
Don Lawrence*



Rubin Speaks cont'd

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sonnel here). This allows an area for drainage if there needs to be some. Yicky yes, but can be so important. This can actually relieve our pain if it releases pressure in our foot. We may require a bandage on it too but that would all be left up to the vet. Sometimes new shoes are necessary too. It's important for the vet and farrier to work together.

But it starts with you. You, our owner, rider, confidante, and friend, please remember to check our feet daily or at least every time you ride us. We can't clean our hooves and have so many grooves for things to stick into and hiding places for sores to develop. Often times our first sign to you that something is wrong is when we appear lame. Lameness is when we won't bear much weight or none at all on our sore foot due to pain. We may have an increased pulse in it and it may feel

warm to touch. So yes, touch us. Pick our hooves, lift our feet and check us out. But also know that you could just check me and put me out to pasture and something then could happen to my foot or leg or whatever. I know you can't watch us constantly. All you can do is read, and talk and learn about illnesses and conditions that can hurt us.

No one ever really wants to have to learn about foundering. We hope it never comes up and often times when it does, it's too late to learn anything to help in time. I wish I could've known more to warn Chauncy but then again, we still don't really know why it happened to him. Chauncy was a hard worker and aimed to please. He and Bonnie had such a bond, kinda like me and my girl. Her family went through a tough grieving process, somewhat in the same manner that y'all go through when one of your own passes away. Hey, you

are our family and we do feel a part of it.

So, nothing I say today can bring Chauncy back but I hope some of you owners will take heed and care for us as in the same manner you do any other member of your family. And I would like to say to the Efirds, Chauncy loved you and was grateful for the wonderful care you gave him, this I know, for he told me so.

Chauncy,
we will
always be
friends.

Rubin



Minutes of the Special Called Meeting of the NCDCTA Executive Board on September 18, 2006

In attendance or the telephone conference was President - Jennifer Mitchell, Vice President - Donna Kelly, Treasurer - Dave Stuckey, Communications Chair - Sue Smithson, Dressage Chair - Robin Brueckmann, Education Chair - Eliza Sydnor, Eventing Chair - Patricia Roberts, Recording Secretary - Lynn Leath,

Meeting was called to order at 6:32 PM

A motion was made and carried at the September 5th board meeting to have only one management team for both the Labor of Love Dressage Show and the Sport Horse Breed Show in Raleigh. Jennifer Mitchell opened the meeting by stating that the sole purpose of this special meeting was to review the two applications and decide which management team would be hired for 2007.

Donna Kelly read the proposals from: 1) Kay Whitlock and Bo Belton and 2) Janine Malone.

Points of each proposal were discussed, point by point. After calculating the fees from each management team and discussing various options, the board found the economic factor to be the determinant. Robin made a motion that we accept Janine Malone's proposal for management of the 2007 Labor of Love and Sport Horse Breed Show, and reevaluate after one year. Jennifer Mitchell seconded the motion. The vote carried unanimously.

The meeting was adjourned at 7:24 PM

Respectfully submitted
Lynn Leath
Recording Secretary

Minutes of the NCDCTA Executive Board Meeting October 3, 2006

In attendance for the telephone conference was President - Jennifer Mitchell, Communications Chair - Sue Smithson, Treasurer - Dave Stuckey, Recording Secretary - Lynn Leath. Excused: Vice President - Donna Kelly, Eventing Chair - Patricia Roberts, Education Chair - Eliza Sydnor

The meeting was called to order at 6:32 PM

President's Report: Jennifer Mitchell

Jennifer received scholarship requests from three junior riders. Alison Coyle, Natalie Bliklager, and Erin Mullen. Dave made a motion to give Alison and Erin \$200 each, and to give Natalie \$100. Jennifer seconded the motion and it carried unanimously.

Communication Chair Report: Sue Smithson

Sue reported that the Newsletter Editor Selection Committee has chosen Wendy Cracovia to be the new editor. Kay Whitlock has already begun to train Wendy. Sue volunteered to organize the Newsletter archives to present at the annual meeting.

Sue discussed the idea of giving a 10% discount to any advertiser who paid for 12 months in advance and the ad remained the same for those 12 months. It was agreed that this would be a reasonable policy to adopt.

Since the upcoming horse trials has had many more uploads

than anticipated, the monthly web site rate will most likely be more than budgeted.

Wendy asked if anyone was writing an article about the horse trials. If anyone is interested, please let us know.

There was a discussion regarding contracts with the Newsletter editor and the show managers. We agreed that we are going to need to have contracts. Jennifer is going to address this question at the USDF convention. Dave and Jennifer are going to continue to work together on this issue.

Education Chair Report: Eliza Sydnor (given by Jennifer Mitchell)

"L" Sessions A-D are tentatively planned. Tentative dates are also set for the USDF instructor's certification workshops and final testing. More information will be reported when the dates are finalized.

The board was thrilled to see Holly Shook on the cover of the USDF Connection.

The meeting was adjourned at 7:40 PM

Respectfully submitted
Lynn Leath
Recording Secretary